

LAERSKOOL MALELANE

ARBEIDSTERAPEUT / OCCUPATIONAL THERAPIST



Arbeidsterapie

Arbeidsterapie ondersteun kinders in die ontwikkeling van die vaardighede wat noodsaaklik is vir suksesvolle leer en daaglikse funksionering. Die fokus is op die ontwikkeling van fynmotoriese, grootmotoriese en visuele-perseptuele vaardighede, asook konsentrasie en sensoriese verwerking. Hierdie vaardighede vorm die grondslag vir akademiese sukses en help kinders om hul volle potensiaal te bereik.

Arbeidsterapie kan voordelig wees vir kinders wat:

- fyn- en grootmotoriese ontwikkelingsagterstande ervaar
- probleme met handskrif, lees, skryf of beplanning ondervind
- uitdagings met konsentrasie, aandag of werkspoed ervaar
- sensoriese verwerkingsprobleme het
- ondersteuning benodig met visueel-perseptuele vaardighede of
- addisionele ondersteuning benodig om optimaal in die klaskamer te funksioneer.

Arbeidsterapeute gebruik gestandaardiseerde assesserings en kliniese waarnemings om elke kind se sterkpunte en ontwikkelingsbehoefte te identifiseer. Terapie word individueel aangepas volgens die kind se unieke behoeftes en fokus op vaardigheidsontwikkeling, die integrasie van nuwe vaardighede en praktiese ondersteuning binne die klaskamer.

Arbeidsterapie geskied in noue samewerking met ouers en onderwysers om elke kind optimaal te ondersteun en hul volle potensiaal te help bereik.

Beskikbaarheid

Sonja Looock is die arbeidsterapeut wat dienste by Laerskool Malelane lewer.

Assesserings en terapie geskied slegs op afspraak.

Kontakbesonderhede

Sonja Looock

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Occupational Therapy

Occupational therapy supports children in developing the essential skills needed for successful learning and everyday functioning. The focus is on developing fine motor, gross motor, visual perceptual, concentration, and sensory processing skills. These abilities form the foundation for academic success and help children reach their full potential.

Occupational therapy may benefit children who:

- experience fine and gross motor developmental delays
- have difficulties with handwriting, reading, writing, or planning
- experience challenges with concentration, attention, or work speed
- have sensory processing difficulties
- require support with visual perceptual skills or
- need additional assistance to function optimally in the classroom.

Occupational therapists use standardised assessments and clinical observations to identify each child's strengths and developmental needs. Therapy is individually tailored to meet the child's unique needs and focuses on skill development, the integration of new abilities, and practical support within the classroom.

Occupational therapy is provided in close collaboration with parents and teachers to ensure that every child receives the support needed to reach their full potential.

Availability

Sonja Looock is the Occupational Therapist providing services at Laerskool Malelane.

Assessments and therapy are available by appointment only.

Contact Details

Sonja Looock

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